

Nondalton Emergency Operations Committee

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Nondalton Village COVID 19 Health Guidelines Updated: April 2, 2021

With the COVID 19 virus, we would like to set a few guidelines in place for the safety of our community. (Please help us by keeping our Small REMOTE COMMUNITY SAFE!! By Wearing a Face Mask, Washing your hands, Social Distancing and avoid gathering in large groups.)

Travel:

- Any Alaska state resident, returning from Intrastate or Out of State travel for Personal, Medical, Work-Related, Incarceration, or Emergency needs. **(Must self-quarantine for 10 days, if NOT fully vaccinated.) (If Fully vaccinated you do not need to Self-Quarantine, But MUST still wear a face mask.)**
- Non-Alaskan Residents are allowed into Nondalton only if, they have received the COVID-19 test prior to entering the community and show Proof of the COVID 19 vaccine.

Face Coverings

All Residents whether resident or not, **MUST** Wear a face covering when entering the City Hall, Post office, Clinic, Tribal office, Community Building, Church, Neighboring communities and any place other than your personal home. This is to help protect others and your-self.

Social Gatherings:

- No social gatherings at our Community Building or Tribal Office until further notice. (No BINGO, No Gambling, No movie nights, No personal gatherings at the community building.)
- Church Gatherings are allowable, only if you practice Social Distancing and by wearing a Face Mask.

Self-Quarantine:

Is known as staying inside of your place of residence/home/fish-camp/lodge etc. for 10 days. No visiting in other Nondalton resident's home until your quarantine is over.

What You Can Start to Do If you've been fully vaccinated: These are CDC recommended guidelines from their website.

1. You can gather indoors with fully vaccinated people without wearing a mask or staying 6 feet apart.
2. You can gather indoors with unvaccinated people of any age from one other household (for example, visiting with relatives who all live together) without masks or staying 6 feet apart, unless any of those people or anyone they live with has an increased risk for severe illness from COVID-19.

3. If you travel in the United States, you do not need to get tested before or after travel or self-quarantine after travel.
4. You need to pay close attention to the situation at your international destination before traveling outside the United States.
5. You do NOT need to get tested before leaving the United States unless your destination requires it.
6. You still need to show a negative test result or documentation of recovery from COVID-19 before boarding a flight to the United States.
7. You should still get tested 3-5 days after international travel.
8. You do NOT need to self-quarantine after arriving in the United States.
9. If you've been around someone who has COVID-19, you do not need to stay away from others or get tested unless you have symptoms.
10. However, if you live in a group setting (like a correctional or detention facility or group home) and are around someone who has COVID-19, you should still stay away from others for 14 days and get tested, even if you don't have symptoms.

What You Should Keep Doing For now, if you've been fully vaccinated: These are CDC recommended guidelines from their website.

1. You should still take steps to protect yourself and others in many situations, like wearing a mask, staying at least 6 feet apart from others, and avoiding crowds and poorly ventilated spaces. Take these precautions whenever you are:
 - In public
 - Gathering with unvaccinated people from more than one other household
 - Visiting with an unvaccinated person who is at increased risk of severe illness or death from COVID-19 or who lives with a person at increased risk.
2. You should still avoid medium or large-sized gatherings.
3. If you travel, you should still take steps to protect yourself and others. You will still be required to wear a mask on planes, buses, trains, and other forms of public transportation traveling into, within, or out of the United States, and in U.S. transportation hubs such as airports and stations. Fully vaccinated international travelers arriving in the United States are still required to get tested within 3 days of their flight (or show documentation of recovery from COVID-19 in the past 3 months) and should still get tested 3-5 days after their trip.
4. You should still watch out for symptoms of COVID-19, especially if you've been around someone who is sick. If you have symptoms of COVID-19, you should get tested and stay home and away from others.
5. You will still need to follow guidance at your workplace.

Testing Days are available at the Nondalton Clinic on Tuesdays and Thursdays. 294-2238.